

SUPER SAVER WELLNESS

LEARN MORE



Your Health, Our Priority

At Cengild, we understand that early detection is crucial for everyone's well-being. Our tailored health screenings are more than just tests—they're your first line of defense against potential health issues. By identifying concerns early, we empower you to make informed decisions and take control of your health journey. Make your health a priority today with our Super Saver Health Screening, and embrace a future of vitality and confidence. Because you deserve the best care for a healthier tomorrow.

Preparing For Your Health Screening



Book your appointment via Call or WhatsApp at +603 2242 7018



Before Your Appointment:

- Menstruation: Schedule your appointment 5 to 10 days after your period ends
- Fasting: Fast for 6 hours prior to your health screening appointment
- Hydration: Drink plenty of water to stay hydrated, unless instructed otherwise
- Caffeine and Alcohol: Avoid excessive caffeine or alcohol before the screening



Clothing:

- Choose comfortable attire, ideally a 2-piece outfit, to allow for easy access during the tests
- Refrain from wearing jewelry or accessories that could interfere with the procedures
- For those scheduled for an Exercise Stress Test, please bring appropriate jogging attire



Documents:

- Please bring your original NRIC if you are a local, or your original passport if you are a foreigner



SUPER SAVER SCREENING	MALE		FEMALE	
	RM 838		RM 838	

CLINICAL ASSESSMENT

Basal Metabolic Rate (BMR)	•	•
Body Composition Analysis	•	•
Body Mass Index (BMI)	•	•
Colour Vision Test	•	•
Physical Examination & History Taking	•	•
Vision Test	•	•

BLOOD TESTS

Blood Grouping (ABO + Rh)	•	•
Fasting Glucose	•	•
Full Blood Examination	•	•
HbA1C (Average 3-Months Blood Sugar)	•	•
Hepatitis A Antibody (HAV IgG)	•	•
Hepatitis B surface Antibody (HBsAb)	•	•
Hepatitis B surface Antigen (HBsAg)	•	•
Hepatitis C Antibody (Total)	•	•
Lipid Studies	•	•
Liver Function Test	•	•
Renal Function	•	•
Serum Free Thyroxine (FT4)	•	•

TUMOUR MARKERS

Breast Tumour Marker (CA 15.3)	•	•
Colon Tumour Marker (CEA)	•	•
Liver Tumour Marker (AFP)	•	•
Ovarian Tumour Marker (CA 125)	•	•
Pancreas Tumour Marker (CA 19.9)	•	•
Prostate Tumour Marker (PSA)	•	•

URINE TESTS

Full Urine Exam and Urine Microscopy	•	•
Urine Microalbumin	•	•

CARDIOVASCULAR ASSESSMENT

Exercise Stress Test	•	•
High-Sensitivity C-Reactive Protein (Hs-CRP)	•	•
Homocysteine	•	•
Resting ECG	•	•












IMAGING TESTS

Ultrasound Abdomen and Pelvis	•	•
COMPLIMENTARY Fibrosan (worth RM650)	•	•

CONSULTATION/COMPLIMENTARY

Doctor Consultation	•	•
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Add-On At A Special Price!

-  OGDS (+RM1900)  Colonoscopy (+RM2500)  OGDS and Colonoscopy (+RM3400)
-  Low Dose Lung CT Scan (+RM285)  Echocardiogram (+RM400)  Cardiac Stress Test (+RM305)
-  Coronary Cardiac Calcium Score (+RM700)  Ultrasound Breast (+RM282)  Chest X-ray (+RM55.60)
-  Nose and Throat Cancer (EBV) (+RM159)  Vitamin D (+RM118.20)